



40x20

KEY RULES

GENERAL

- 1) **The ball must be returned before it bounces twice for a rally to continue**
 - Only the palm of the hand or fist can be used to strike the ball
 - When attempting to return a shot, the ball must only be touched once, and with one hand only
- 2) **During play, after the ball is hit, it must strike the front wall before hitting the floor. The ball may strike the sidewalls, roof or back wall before it strikes the front wall.**
 - If the handball hits your opponent before it bounces, or if a player is obstructed, then the point is replayed
- 3) **Matches are played as the best of three sets:**
 - Adult Games = 2 x 21pts & tiebreak to 11pts (if required)
 - Juvenile Games = 2 x 15pts & tiebreak to 11pts (if required)
- 4) **Timeouts are of one-minute duration**
 - 3 x timeouts per game to 21 points
 - 2 x second timeouts per game to 15/11 points

SERVING:

- 4) **Players must serve**, and win the rally before they can score a point.
- 5) **When serving**, the player must stand in between the service lines, and serve the ball over the short line (the second line from the front wall).
 - When serving, players must bounce the ball before they strike it, and the served ball must always hit the front wall first, otherwise the player loses their serve
 - A serving fault occurs when the ball is served:
 - Short** - Ball bounce before or on the short line
 - Long** - Ball hits back wall before bouncing on the floor
 - Roof** - Ball hits the roof before bouncing on the floor
 - 3 Wall** - Ball hits three walls before bouncing on the floor
 - Players are allowed a second serve when the ball is served Short, Long, Roof, or 3 Wall.

DOUBLES:

(Note these rules do not exist in Singles)

- 6) **When playing doubles**, teams take it in turn to strike the ball (either player in the partnership can hit the ball).
- 7) **When serving**, each player in the partnership will serve until a handout occurs for each player.
- 8) **When a player is serving**, their partner must stand inside either the left or right serving box until the ball is served



GAA
HANDBALL